

REFLECTOR OF PERSONAL PROGRESS

As self reflection is an important aspect of the clinical instructor role, please consider the following questions about yourself, your teaching, and your self-care:

- What do I have to offer the students?
- Am I comfortable with my day to day skills with the patient population that I work with?
- What skills, techniques or values do I use to teach my patients that I can pass on to the students?
- If I were a student, would I like to be approached about each learning experience? When is negative feedback appropriate, and when is the time for positive feedback? When the issue of safety is not a concern, would it be appropriate to wait for a private moment to provide feedback
- Overall, how do students react to my teaching strategies? If they are not reacting as well as I would like, what supports should I seek to alter my teaching?
- What are the rewards I gain from the time and energy I invest in students?
- How can I connect with other clinical instructors and faculty members to gain the support I need for the clinical teaching role? Could I offer support to other clinical teachers?
- What are the strategies I use to balance the demands of clinical teaching and my personal life?
- What could I be doing to stay healthy that I am not presently doing?
- How do I role-model the concept of self-care for students?